



# July

## Monday, July 1st

Rice Krispies, Mandarin Oranges  
 Hummus Sandwich, Veggie Straws, Mandarin Oranges  
 Sn: Goldfish cinnamon grahams, Milk

## Tuesday, July 2nd

Apple Spice Bread, Pears  
 Cheese Nachos, Corn, Pears  
 Sn: Go-gurt, Club Crackers

## Wednesday, July 3rd

Pancakes, Peaches  
 Veggie Chicken Patty, Rice, Peas, Peaches  
 Sn: Watermelon, Cheerios

## Thursday, July 4th

**closed**  
**for**  
**4th of July**

## Friday, July 5th

Bagels w/ Cream Cheese, Pineapple  
 Fettuccini Alfredo, Broccoli, Mixed Fruit  
 Sn: Cook's Choice

## Monday, July 8th

Rice Chex, Applesauce  
 Sun Butter and Jelly Sandwich, Carrot Stix w/ Ranch (cooked carrots for Infants), Applesauce  
 Sn: Cheese itz, Juice

## Tuesday, July 9th

Cinnamon Bread, Pineapple  
 Cheese Quesadillas, Corn, Pineapple  
 Sn: Veggie Straws

## Wednesday, July 10th

Whole Wheat French Toast Stix, Pears  
 Veggie Pizza Pasta, Green Beans, Pears  
 Sn: Honeydew, Pretzels

## Thursday, July 11th

Sausage Biscuit, Sandwich Peaches  
 Veggie Cheese Burger On Bun, Peas, Peaches  
 Sn: Apple Slices, String Cheese

## Friday, July 12th

Egg Patty w/ Cheese, Bagel, Mandarin Oranges  
 Bosco Stix w/Marinara, Mixed Veggies, Mandarin Oranges  
 Sn: Trail Mix



Dates with dotted outline indicates school agers present for meals.

\*\*Vegetarian Menu\*\*

Monday, July 15th

Apple Cinnamon Cheerios,  
Pears  
Cheese Sandwich, Peas,  
Pears  
Sn: Goldfish, Juice

Tuesday, July 16th

Blueberry Bread, Peaches  
Veggie Chicken Nuggets,  
Mashed Potatoes, Peaches  
Sn: Grapes, Yogurt  
Todd: Fruit, Yogurt

Wednesday, July 17th

Waffles, Applesauce  
Avanti's bread, veggie  
grilled chicken, potato  
sticks, applesauce  
Sn: Pretzels, Cheese Cubes

Thursday, July 18th

Cheesy Hashbrown Casse-  
role, Pineapple  
Veggie Sloppy Joe on Bun,  
Corn, Pineapple  
Sn: Caramel Rice cakes,  
Juice

Friday, July 19th

Sausage on English muffin,  
Bananas  
Mac & Cheese, Carrots,  
Apricots  
Sn: Bel-Vita Biscuits

Monday, July 22nd

Golden Grahams, Ap-  
plesauce  
Hummus Sandwich, Cooked  
Carrots, Applesauce  
Sn: Animal Crackers, Milk

Tuesday, July 23rd

Banana Bread, Mandarin  
Oranges  
Veggie Corndogs, Green  
Beans, Mandarin Oranges  
Sn: Tortilla Chips, Salsa

Wednesday, July 24th

English Muffin w/ Jelly,  
Pears  
Veggie Chicken Noodle  
Casserole, Peas, Pears  
Sn: Go-gurt, Club Crackers

Thursday, July 25th

Pancakes, Peaches  
Veggie Chicken Patty on  
Bun, Corn, Peaches  
Sn: Orange Slices, String  
Cheese

Friday, July 26th

Biscuits & Gravy, Mixed  
Fruit  
Fish Shapes, Mixed Veg-  
gies, Mixed Fruit  
Sn: Popcorn, Juice  
Todd: Puffed Corn

Monday, July 29th

Kix, Peaches  
Cheese Sandwich, Shoe  
String Potatoes, Peaches  
Sn: Nutri-Grain Bar

Tuesday, July 30th

Lemon Bread, Applesauce  
Veggie Chicken Nuggets,  
Carrots, Applesauce  
Sn: Ritz Crackers, Cheese  
Slices

Wednesday, July 31st

Egg and Cheese omelet,  
Pears  
Spaghetti w/ Marinara  
Sauce, Green Beans, Pears  
Sn: Tiger Grahams, Milk

Save the Date

Little Jewels Family morning at

The Illinois Shakespeare Festival

Saturday, July 27th  
@ 10:00am

Bring your chairs/blankets  
for an outdoor viewing of

Campfire  
Macbeth



\*\*Vegetarian Menu\*\*